# Long Camp List

## WHAT DO I BRING

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Clothing	Hat
	Complete Uniform (including closed-in footwear)
	2 pair's shorts
	3 Tee shirts including Group T-shirt
	Jeans, long pants or tracksuit pants
	3 Pairs of socks
	4 changes of underwear
	Jumper or jacket
	2 prs of shoes (one old pair for muddy activities)
	PJs or something to sleep in
	Small packet of tissues
	Lip Eze or similar
	1 Bath Towel
	1 Beach Towel in case they get wet
	Wet Weather Gear ie raincoat or poncho
NO thongs permitted except for showering	
<u>Toiletries</u>	In one bag
	Soap, Toothbrush and paste, Comb/brush
<u>Bedding</u>	Bed Roll with Sleeping bag & pillow
	Blanket
	Airbed or sleeping mat (NO STRETCHERS OR SWAGS)
<u>Eating</u>	Dilly Bag (Cotton type not plastic)
	1 unbreakable plate, sweet/cereal bowl, & mug
	Knife, fork, dessert spoon
	5 'Chux' cloths (disposable wash cloths)
Small daypack /	Drink bottle - full (at least 500ml)
<u>backpack</u>	Insect Repellent
	Sun Block
	Personal First Aid Kit
<u>Miscellaneous</u>	large plastic bags for wet/dirty clothes
	Camera (optional)
	Coat Hanger for Uniform
	Small torch and spare batteries
	Small cuddly/fluffy/bedtime toy
Personal Medication must be given to Leader	
No pocket knives or electronic games/devices	
No lollies	

### **UNIFORMS**

You will be required to wear your Full Uniform for Opening and Closing Ceremony. So make sure you hang it up after you take it off.

### OLD CLOTHES

Please send your cub to camp with old clothes as they will get dirty.

#### **WEATHER**

Think about the current weather conditions and adjust the items accordingly.

This list was created for a 3- day camp. For a short camp everything above is still required but not the quantity of clothing, undies .....

## PERSONAL FIRST AID KIT

Suggested contents

Several band aids
Several large safety pins
Some small cotton squares
A small elastic bandage
In a little plastic zip lock bag or similar
Pair disposable gloves

Sunscreen and Insect repellent could be included here.